



Health & Independent
Living Support

Support
at Home



POhWER
Voices Heard • Lives Empowered

ADVOCACY SUPPORT SERVICE

HILS' free Advocacy Service, aimed at older and vulnerable people in Hertfordshire, is here to help you understand your rights and options, as well as get your voice heard on a variety of everyday issues. We deliver this service in partnership with PoHwER and other charitable organisations.

Advocates are independent professionals who will support and not judge you.

You may want an Advocate if:

- You are finding it difficult to put your views across and make yourself understood.
- You feel you are not being listened to.
- You feel vulnerable or that you could be at risk of abuse.
- You need help getting the information you require and making major decisions - *we can support you at important meetings in these areas.*



For further information and to self-refer contact POhWER
web: www.pohwer.net/hertfordshire, tel: 0300 456 2370,
email: hertsadvocacy@pohwer.net

To find out about other support services offered by Health & Independent Living Support please visit www.hils-uk.org