

NUTRITION & WELLBEING VISITOR

PART 1: JOB DESCRIPTION

Job Title:	Nutrition & Wellbeing Visitor (1 post)
Location:	<p>HILS sites: Letchworth, SG6 1HB, Hertford SG13 7BH, St Albans, AL3 5BU, Hemel Hempstead, HP2 4EU.</p> <p>The most appropriate site for the Nutrition and Wellbeing Visitor can be agreed with the successful candidate. Care home visits will take place across the Herts Valleys area of Hertfordshire. Occasional visits to HILS other sites will be required.</p>
Salary:	£12.60 per hour
Hours of Work:	37 hours per week. Permanent. Specific timing of hours of work to be agreed, flexible working applications will be considered.
Responsible to:	Line manager: Senior Nutrition & Wellbeing Visitor
Contacts:	HILS' Wider Health and Wellbeing team, clients, care homes, HILS' Senior Team, and Support Teams.
Role Summary:	
<p>Health & Independent Living Support is a charitable Social Enterprise which means that we trade to do social good, and we reinvest any surplus into helping our clients. Caring for our clients is the most important part of what we do, and we provide a range of incredible services to support independence and improve quality of life for older and vulnerable adults.</p> <p>We are looking for a caring individual who is an excellent communicator to join our nutrition team, which helps people to improve their health through good nutrition. The post-holder will primarily spend their time working with care homes promoting the nutritional wellbeing of older and vulnerable residents, as part of the Nutrition Awareness Team. You will also provide one-to-one nutrition support for meals on wheels clients in their own homes.</p> <p>You will need to be a confident communicator for both one-to-one sessions with care home management, and for developing and delivering group training sessions both in person and via online webinars. This role will be suitable for a caring and compassionate candidate with excellent communication skills as well as experience working with vulnerable groups, including people with dementia, physical, or mental health issues.</p> <p>The post holder may be involved in work allocation and some supervision to Support Team Members who provide practical and administrative support to the project.</p>	
Principle Responsibilities	
<p><u>Nutrition Awareness Team Service:</u></p> <ul style="list-style-type: none"> • Provide and develop education programmes using a set training programme for staff working in designated care, learning disabilities and assisted living homes. • Work with HILS' NAT team to audit care homes to ensure they are working to the required standards in identifying and addressing good nutritional practice. • Communication with care home staff. 	

- Contribute to the monitoring of care home residents in checking that set outcomes have been achieved and staff are using agreed treatment plans.
- Administration, including collecting and inputting audit data.

Nutrition and Wellbeing Service

- Supporting adults in the community to remain nutritionally well by providing home care visits.
- Undertaking appropriate referrals based on client need.
- Administration: collection of key information required to undertake nutritional screening.
- Work with wider nutrition team members to develop and review nutritional guidance.
- Communication with wider HILS support teams, to manage client menu preferences and needs.

General role responsibilities:

- Skill development: attend key training to promote and develop own practice.
- Safety and satisfaction: report any safeguarding issues, action compliments and complaints as and when required.
- To participate in team meetings and training.
- To maintain confidentiality when dealing with sensitive material and information and be aware of the General Data Protection Regulation 2016.
- To ensure that you conduct yourself in accordance with your responsibilities under the Health and Safety at Work act 1974.
- To ensure compliance with the Food Safety Act 1995 and any subsequent amendments and all other relevant Food Hygiene legislation and guidelines.

Important note:

This is not a complete statement of all duties and responsibilities of this post. The jobholder may be required to carry out other duties as directed by the Community Dietitian, Lead Allied Health Professional, or other members of the Senior Team, which should not exceed the level of responsibility of those outlined above.

PART 2: PERSON SPECIFICATION

Qualifications & Job Requirements:

Essential:

- Full UK driving licence and access to own vehicle for visiting care homes
- Ability to understand written and oral English
- Satisfactory DBS check and references
- The right to work in the UK

Desirable:

- Basic first aid
- Qualification in social care / health / nutrition, or other relevant area

Skills, Knowledge, and Experience:

Essential:

- Excellent verbal and written communication skills
- Excellent admin and IT skills
- Experience of working with vulnerable groups such as older people, learning disabilities or mental health
- Ability to multi-task, manage a varied workload, and prioritise own work

Desirable:

- Experience providing education or training sessions to groups
- Experience working in a nutrition field.
- Dementia Friend

Personal Qualities:

Essential:

- Passionate about supporting the health and wellbeing of the elderly, and other vulnerable adults
- Able to communicate with customers, colleagues, and external parties effectively
- Reliable, supportive, and friendly team player
- Motivated and able to work on own initiative and prioritise effectively
- Ability to work under pressure and to tight deadlines • Ability to work flexibly

PART 3: EFFORT, PHYSICAL SKILLS AND WORKING CONDITIONS

Effort, physical skills, and working conditions	
Physical skills	To undertake accurate anthropometric measurements for demonstration purposes as part of the education sessions.
Physical effort	To work in a variety of settings which require frequent light physical effort. To carry and transport resources and equipment frequently e.g. weighing scales, stadiometer, and resources to support education sessions
Emotional effort	To provide education sessions in situations with exposure to distressing or emotional circumstances.
Working conditions	The post holder will be lone working, so needs to abide by the lone working policy. The post holder will need access to their own vehicle to attend a variety of locations across Hertfordshire.

PART 4: VALUES, BEHAVIOURS AND EQUAL OPPORTUNITIES

HILS' Values and Behaviour Statement:

Our values are fundamental to the way our organisation works and underline our expectations of all of us. Our values are based around the most important parts of our business: We go above and beyond; we work with integrity; and we are caring and compassionate. Our clients have high expectations of our services, and as such, we expect everyone who works for HILS to share and act on our values.

HILS' Equal Opportunities Statement:

We do not discriminate against staff on the basis of their gender, sexual orientation, marital or civil partner status, gender reassignment, race, colour, nationality, ethnic or national origin, religion or belief, disability or age (protected characteristics). The principle of non-discrimination and equality of opportunity applies equally to the treatment of former staff, visitors, clients, customers and suppliers by members of our current workforce.